

Morning Prayer Psalms and Readings w/c 11 October

The Collect O God, forasmuch as without you we are not able to please you; mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Monday, 11 October Ethelburga/James the Deacon

Psalm 98 Refrain: *The Lord has made known his salvation.*

¹Sing to the Lord a new song, ♦ for he has done marvellous things.

²His own right hand and his holy arm ♦ have won for him the victory.

³The Lord has made known his salvation; ♦ his deliverance has he openly shown in the sight of the nations.

⁴He has remembered his mercy and faithfulness towards the house of Israel, ♦

and all the ends of the earth have seen the salvation of our God. *R*

⁵Sound praises to the Lord, all the earth; ♦ break into singing and make music.

⁶Make music to the Lord with the lyre, ♦ with the lyre and the voice of melody.

⁷With trumpets and the sound of the horn ♦ sound praises before the Lord, the King. *R*

⁸Let the sea thunder and all that fills it, ♦ the world and all that dwell upon it.

⁹Let the rivers clap their hands ♦

and let the hills ring out together before the Lord, for he comes to judge the earth.

¹⁰In righteousness shall he judge the world ♦ and the peoples with equity.

Lord God, just and true, you make your salvation known in the sight of the nations; tune the song of our hearts to the music of creation as you come among us to judge the earth; through our Saviour Jesus Christ.

John 13.1-11

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' Jesus answered, 'You do not know now what I am doing, but later you will understand.' Peter said to him, 'You will never wash my feet.' Jesus answered, 'Unless I wash you, you have no share with me.' Simon Peter said to him, 'Lord, not my feet only but also my hands and my head!' Jesus said to him, 'One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.' For he knew who was to betray him; for this reason he said, 'Not all of you are clean.'

Tuesday, 12 October Wilfrid of Ripon/Elizabeth Fry/Edith Cavell

Psalm 106* Refrain: *The Lord remembered his covenant.*

- ¹Alleluia. Give thanks to the Lord, for he is gracious, ♦ for his faithfulness endures for ever.
- ²Who can express the mighty acts of the Lord ♦ or show forth all his praise?
- ³Blessed are those who observe what is right ♦ and always do what is just.
- ⁴Remember me, O Lord, in the favour you bear for your people; ♦ visit me in the day of your salvation;
- ⁵That I may see the prosperity of your chosen and rejoice in the gladness of your people, ♦
and exult with your inheritance. *R*
- ⁶We have sinned like our forebears; ♦ we have done wrong and dealt wickedly.
- ⁷In Egypt they did not consider your wonders, nor remember the abundance of your faithful love; ♦
they rebelled against the Most High at the Red Sea.
- ⁸But he saved them for his name's sake, ♦ that he might make his power to be known.
- ⁹He rebuked the Red Sea and it was dried up; ♦
so he led them through the deep as through the wilderness.
- ¹⁰He saved them from the adversary's hand ♦ and redeemed them from the hand of the enemy.
- ¹¹As for those that troubled them, the waters overwhelmed them; ♦ there was not one of them left.
- ¹²Then they believed his words ♦ and sang aloud his praise. *R*
- ¹³But soon they forgot his deeds ♦ and would not wait for his counsel.
- ¹⁴A craving seized them in the wilderness, ♦ and they put God to the test in the desert.
- ¹⁵He gave them their desire, ♦ but sent a wasting sickness among them.
- ¹⁶They grew jealous of Moses in the camp ♦ and of Aaron, the holy one of the Lord.
- ¹⁷So the earth opened and swallowed up Dathan ♦ and covered the company of Abiram.
- ¹⁸A fire was kindled in their company; ♦ the flame burnt up the wicked. *R*
- ¹⁹They made a calf at Horeb ♦ and worshipped the molten image;
- ²⁰Thus they exchanged their glory ♦ for the image of an ox that feeds on hay.
- ²¹They forgot God their saviour, ♦ who had done such great things in Egypt,
- ²²Wonderful deeds in the land of Ham ♦ and fearful things at the Red Sea.
- ²³So he would have destroyed them, had not Moses his chosen stood before him in the breach, ♦
to turn away his wrath from consuming them. *R*
- ²⁴Then they scorned the Promised Land ♦ and would not believe his word,
- ²⁵But murmured in their tents ♦ and would not heed the voice of the Lord.
- ²⁶So he lifted his hand against them ♦ and swore to overthrow them in the wilderness,
- ²⁷To disperse their descendants among the nations, ♦ and to scatter them throughout the lands. *R*
- ²⁸They joined themselves to the Baal of Peor ♦ and ate sacrifices offered to the dead.
- ²⁹They provoked him to anger with their evil deeds ♦ and a plague broke out among them.
- ³⁰Then Phinehas stood up and interceded ♦ and so the plague was stayed.
- ³¹This was counted to him for righteousness ♦ throughout all generations for ever.
- ³²They angered him also at the waters of Meribah, ♦ so that Moses suffered for their sake;
- ³³For they so embittered his spirit ♦ that he spoke rash words with his lips. *R*
- ³⁴They did not destroy the peoples ♦ as the Lord had commanded them.
- ³⁵They mingled with the nations ♦ and learned to follow their ways,
- ³⁶So that they worshipped their idols, ♦ which became to them a snare.
- ³⁷Their own sons and daughters ♦ they sacrificed to evil spirits.
- ³⁸They shed innocent blood, ♦ the blood of their sons and daughters,
- ³⁹Which they offered to the idols of Canaan, ♦ and the land was defiled with blood.
- ⁴⁰Thus were they polluted by their actions, ♦ and in their wanton deeds went whoring after other gods. *R*
- ⁴¹Therefore was the wrath of the Lord kindled against his people, ♦ and he abhorred his inheritance.
- ⁴²He gave them over to the hand of the nations, ♦ and those who hated them ruled over them.
- ⁴³So their enemies oppressed them ♦ and put them in subjection under their hand.
- ⁴⁴Many a time did he deliver them, but they rebelled through their own devices ♦
and were brought down through their wickedness.
- ⁴⁵Nevertheless, he saw their adversity, ♦ when he heard their lamentation.

⁴⁶He remembered his covenant with them ♦ and relented according to the greatness of his faithful love.

⁴⁷He made them also to be pitied ♦ by all who had taken them captive. *R*

⁴⁸Save us, O Lord our God, and gather us from among the nations, ♦
that we may give thanks to your holy name and glory in your praise.

⁴⁹Blessed be the Lord, the God of Israel, from everlasting and to everlasting; ♦
and let all the people say, Amen. Alleluia.

Holy God, when our memories blot out your kindness and we ignore your patient love, remember us, re-make us, and give to us poor sinners the rich inheritance of Jesus Christ our Lord.

John 13.12-20

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, 'Do you know what I have done to you? You call me Teacher and Lord—and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them. I am not speaking of all of you; I know whom I have chosen. But it is to fulfil the scripture, "The one who ate my bread has lifted his heel against me." I tell you this now, before it occurs, so that when it does occur, you may believe that I am he. Very truly, I tell you, whoever receives one whom I send receives me; and whoever receives me receives him who sent me.'

The Collect: Almighty God, who called our forebears to the light of the gospel by the preaching of your servant Wilfrid: help us, who keep his life and labour in remembrance, to glorify your name by following the example of his zeal and perseverance; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Wednesday, 13 October Edward the Confessor

Psalm 110 Refrain: *The Lord is king and has put on glorious apparel.*

¹The Lord said to my lord, 'Sit at my right hand, ♦ until I make your enemies your footstool.'

²May the Lord stretch forth the sceptre of your power; ♦ rule from Zion in the midst of your enemies.

³Noble are you on this day of your birth; ♦

on the holy mountain, from the womb of the dawn the dew of your new birth is upon you.' *R*

⁴The Lord has sworn and will not retract: ♦ 'You are a priest for ever after the order of Melchizedek.'

⁵The king at your right hand, O Lord, ♦ shall smite down kings in the day of his wrath. *R*

⁶In all his majesty, he shall judge among the nations, ♦ smiting heads over all the wide earth.

⁷He shall drink from the brook beside the way; ♦ therefore shall he lift high his head.

Lord Jesus, divine Son and eternal priest, inspire us with the confidence of your final conquest of evil, and grant that daily on our way we may drink of the brook of your eternal life and so find courage against all adversities; for your mercy's sake.

John 13.21-30

After saying this Jesus was troubled in spirit, and declared, 'Very truly, I tell you, one of you will betray me.' The disciples looked at one another, uncertain of whom he was speaking. One of his disciples—the one whom Jesus loved—was reclining next to him; Simon Peter therefore motioned to him to ask Jesus of whom he was speaking. So while reclining next to Jesus, he asked him, 'Lord, who is it?' Jesus answered, 'It is the one to whom I give this piece of bread when I have dipped it in the dish.' So when he had dipped the piece of bread, he gave it to Judas son of Simon Iscariot. After he received the piece of bread, Satan entered into him. Jesus said to him, 'Do quickly what you are going to do.' Now no one at the table knew why he said this to him. Some thought that, because Judas had the common purse, Jesus was telling him, 'Buy what we need for the festival'; or, that he should give something to the poor. So, after receiving the piece of bread, he immediately went out. And it was night

The Collect: Sovereign God, who set your servant Edward upon the throne of an earthly kingdom and inspired him with zeal for the kingdom of heaven: grant that we may so confess the faith of Christ by word and deed, that we may, with all your saints, inherit your eternal glory; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Thursday, 14 October

Psalm 113 Refrain: *From the rising of the sun to its setting let the name of the Lord be praised.*

¹Alleluia. Give praise, you servants of the Lord, ♦ O praise the name of the Lord.

²Blessed be the name of the Lord, ♦ from this time forth and for evermore.

³From the rising of the sun to its setting ♦ let the name of the Lord be praised.

⁴The Lord is high above all nations ♦ and his glory above the heavens. *R*

⁵Who is like the Lord our God, that has his throne so high, ♦
yet humbles himself to behold the things of heaven and earth?

⁶He raises the poor from the dust ♦ and lifts the needy from the ashes,

⁷To set them with princes, ♦ with the princes of his people.

⁸He gives the barren woman a place in the house ♦ and makes her a joyful mother of children. Alleluia.

From the rising of the sun to its setting we praise your name, O Lord; may your promise to raise the poor from the dust and turn the fortunes of the needy upside down be fulfilled in our time also, as it was in your Son, Jesus Christ our Lord.

John 13.31-end

When he had gone out, Jesus said, 'Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, "Where I am going, you cannot come." I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.'

Simon Peter said to him, 'Lord, where are you going?' Jesus answered, 'Where I am going, you cannot follow me now; but you will follow afterwards.' Peter said to him, 'Lord, why can I not follow you now? I will lay down my life for you.' Jesus answered, 'Will you lay down your life for me? Very truly, I tell you, before the cock crows, you will have denied me three times.'

Friday, 15 October: Teresa of Avila

Psalm 139 Refrain: *Search me out, O God, and know my heart.*

- ¹O Lord, you have searched me out and known me; ♦
you know my sitting down and my rising up; you discern my thoughts from afar.
- ²You mark out my journeys and my resting place ♦ and are acquainted with all my ways.
- ³For there is not a word on my tongue, ♦ but you, O Lord, know it altogether.
- ⁴You encompass me behind and before ♦ and lay your hand upon me.
- ⁵Such knowledge is too wonderful for me, ♦ so high that I cannot attain it. *R*
- ⁶Where can I go then from your spirit? ♦ Or where can I flee from your presence?
- ⁷If I climb up to heaven, you are there; ♦ if I make the grave my bed, you are there also.
- ⁸If I take the wings of the morning ♦ and dwell in the uttermost parts of the sea,
- ⁹Even there your hand shall lead me, ♦ your right hand hold me fast.
- ¹⁰If I say, 'Surely the darkness will cover me ♦ and the light around me turn to night,'
- ¹¹Even darkness is no darkness with you; the night is as clear as the day; ♦
darkness and light to you are both alike. *R*
- ¹²For you yourself created my inmost parts; ♦ you knit me together in my mother's womb.
- ¹³I thank you, for I am fearfully and wonderfully made; ♦ marvellous are your works, my soul knows well.
- ¹⁴My frame was not hidden from you, ♦ when I was made in secret and woven in the depths of the earth.
- ¹⁵Your eyes beheld my form, as yet unfinished; ♦ already in your book were all my members written,
- ¹⁶As day by day they were fashioned ♦ when as yet there was none of them.
- ¹⁷How deep are your counsels to me, O God! ♦ How great is the sum of them!
- ¹⁸If I count them, they are more in number than the sand, ♦ and at the end, I am still in your presence. *R*
- ¹⁹O that you would slay the wicked, O God, ♦ that the bloodthirsty might depart from me!
- ²⁰They speak against you with wicked intent; ♦ your enemies take up your name for evil.
- ²¹Do I not oppose those, O Lord, who oppose you? ♦ Do I not abhor those who rise up against you?
- ²²I hate them with a perfect hatred; ♦ they have become my own enemies also.
- ²³Search me out, O God, and know my heart; ♦ try me and examine my thoughts.
- ²⁴See if there is any way of wickedness in me ♦ and lead me in the way everlasting.

Creator God, may every breath we take be for your glory, may every footstep show you as our way, that, trusting in your presence in this world, we may, beyond this life, still be with you where you are alive and reign for ever and ever.

John 14.1-14 'Do not let your hearts be troubled. Believe in God, believe also in me. In my Father's house there are many dwelling-places. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. And you know the way to the place where I am going.' Thomas said to him, 'Lord, we do not know where you are going. How can we know the way?' Jesus said to him, 'I am the way, and the truth, and the life. No one comes to the Father except through me. If you know me, you will know my Father also. From now on you do know him and have seen him.'

Philip said to him, 'Lord, show us the Father, and we will be satisfied.' Jesus said to him, 'Have I been with you all this time, Philip, and you still do not know me? Whoever has seen me has seen the Father. How can you say, "Show us the Father"? Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own; but the Father who dwells in me does his works. Believe me that I am in the Father and the Father is in me; but if you do not, then believe me because of the works themselves. Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these, because I am going to the Father. I will do whatever you ask in my name, so that the Father may be glorified in the Son. If in my name you ask me for anything, I will do it.'

The Collect Merciful God, who by your Spirit raised up your servant Teresa of Avila to reveal to your Church the way of perfection: grant that her teaching may awaken in us a longing for holiness, until we attain to the perfect union of love in Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**