

Morning Prayer Psalms and Readings w/c 13th September

Monday, 13 September: John Chrysostom

Psalm 27 Refrain: *The Lord is my light and my salvation.*

¹The Lord is my light and my salvation; whom then shall I fear? ♦

The Lord is the strength of my life; of whom then shall I be afraid?

²When the wicked, even my enemies & my foes, came upon me to eat up my flesh, ♦ they stumbled & fell.

³Though a host encamp against me, my heart shall not be afraid, ♦

and though there rise up war against me, yet will I put my trust in him.

⁴One thing have I asked of the Lord and that alone I seek; ♦

that I may dwell in the house of the Lord all the days of my life,

⁵To behold the fair beauty of the Lord ♦ and to seek his will in his temple.

⁶For in the day of trouble he shall hide me in his shelter; ♦

in the secret place of his dwelling shall he hide me and set me high upon a rock.

⁷And now shall he lift up my head ♦ above my enemies round about me;

⁸Therefore will I offer in his dwelling an oblation with great gladness; ♦

I will sing and make music to the Lord. *R*

⁹Hear my voice, O Lord, when I call; ♦ have mercy upon me and answer me.

¹⁰My heart tells of your word, 'Seek my face.' ♦ Your face, Lord, will I seek.

¹¹Hide not your face from me, ♦ nor cast your servant away in displeasure.

¹²You have been my helper; ♦ leave me not, neither forsake me, O God of my salvation.

¹³Though my father and my mother forsake me, ♦ the Lord will take me up.

¹⁴Teach me your way, O Lord; ♦ lead me on a level path, because of those who lie in wait for me.

¹⁵Deliver me not into the will of my adversaries, ♦

for false witnesses have risen up against me, and those who breathe out violence.

¹⁶I believe that I shall see the goodness of the Lord ♦ in the land of the living.

¹⁷Wait for the Lord; be strong and he shall comfort your heart; ♦ wait patiently for the Lord.

God, our light and our salvation, illuminate our lives, that we may see your goodness in the land of the living, and, looking on your beauty, may be changed into the likeness of Jesus Christ our Lord.

Mark 11.1-11

When they were approaching Jerusalem, at Bethphage and Bethany, near the Mount of Olives, he sent two of his disciples and said to them, 'Go into the village ahead of you, and immediately as you enter it, you will find tied there a colt that has never been ridden; untie it and bring it. If anyone says to you, "Why are you doing this?" just say this, "The Lord needs it and will send it back here immediately." ' They went away and found a colt tied near a door, outside in the street. As they were untying it, some of the bystanders said to them, 'What are you doing, untying the colt?' They told them what Jesus had said; and they allowed them to take it. Then they brought the colt to Jesus and threw their cloaks on it; and he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut in the fields. Then those who went ahead and those who followed were shouting, 'Hosanna! Blessed is the one who comes in the name of the Lord! Blessed is the coming kingdom of our ancestor David! Hosanna in the highest heaven!'

Then he entered Jerusalem and went into the temple; and when he had looked around at everything, as it was already late, he went out to Bethany with the twelve.

The Collect God of truth and love, who gave to your servant John Chrysostom eloquence to declare your righteousness in the great congregation and courage to bear reproach for the honour of your name: mercifully grant to those who minister your word such excellence in preaching, that all people may share with them in the glory that shall be revealed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Tuesday, 14 September: Holy Cross Day

A Prayer of Thanksgiving

Blessed are you, Lord God of our salvation, to you be praise and glory for ever.

As a man of sorrows and acquainted with grief your only Son was lifted up that he might draw the whole world to himself. May we walk this day in the way of the cross and always be ready to share its weight, declaring your love for all the world.

Blessed be God, Father, Son and Holy Spirit.

Blessed be God for ever.

Psalm 2 Refrain: *The Lord is the strength of his people, a safe refuge for his anointed.*

¹Why are the nations in tumult, ♦ and why do the peoples devise a vain plot?

²The kings of the earth rise up, and the rulers take counsel together, ♦
against the Lord and against his anointed:

³Let us break their bonds asunder ♦ and cast away their cords from us.' *R*

⁴He who dwells in heaven shall laugh them to scorn; ♦ the Lord shall have them in derision.

⁵Then shall he speak to them in his wrath ♦ and terrify them in his fury:

⁶'Yet have I set my king ♦ upon my holy hill of Zion.' *R*

⁷I will proclaim the decree of the Lord; ♦ he said to me: 'You are my Son; this day have I begotten you.

⁸Ask of me and I will give you the nations for your inheritance ♦
and the ends of the earth for your possession.

⁹You shall break them with a rod of iron ♦ and dash them in pieces like a potter's vessel.' *R*

¹⁰Now therefore be wise, O kings; ♦ be prudent, you judges of the earth.

¹¹Serve the Lord with fear, and with trembling kiss his feet, ♦
lest he be angry and you perish from the way, for his wrath is quickly kindled.

¹²Happy are all they ♦ who take refuge in him.

Most high and holy God, lift our eyes to your Son enthroned on Calvary; and as we behold his meekness, shatter our earthly pride; for he is Lord for ever and ever.

John 12.27-36a

'Now my soul is troubled. And what should I say—"Father, save me from this hour"? No, it is for this reason that I have come to this hour. Father, glorify your name.' Then a voice came from heaven, 'I have glorified it, and I will glorify it again.' The crowd standing there heard it and said that it was thunder. Others said, 'An angel has spoken to him.' Jesus answered, 'This voice has come for your sake, not for mine. Now is the judgement of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself.' He said this to indicate the kind of death he was to die. The crowd answered him, 'We have heard from the law that the Messiah remains for ever. How can you say that the Son of Man must be lifted up? Who is this Son of Man?' Jesus said to them, 'The light is with you for a little longer. Walk while you have the light, so that the darkness may not overtake you. If you walk in the darkness, you do not know where you are going. While you have the light, believe in the light, so that you may become children of light.'

The Collect of the day Almighty God, who in the passion of your blessed Son made an instrument of painful death to be for us the means of life and peace: grant us so to glory in the cross of Christ that we may gladly suffer for his sake; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Wednesday, 15 September Cyprian

Psalm 34 Refrain: *O taste and see that the Lord is gracious.*

¹I will bless the Lord at all times; ♦ his praise shall ever be in my mouth.

²My soul shall glory in the Lord; ♦ let the humble hear and be glad.

³O magnify the Lord with me; ♦ let us exalt his name together.

⁴I sought the Lord and he answered me ♦ and delivered me from all my fears.

⁵Look upon him and be radiant ♦ and your faces shall not be ashamed. *R*

⁶This poor soul cried, and the Lord heard me ♦ and saved me from all my troubles.

⁷The angel of the Lord encamps around those who fear him ♦ and delivers them.

⁸O taste and see that the Lord is gracious; ♦ blessed is the one who trusts in him.

⁹Fear the Lord, all you his holy ones, ♦ for those who fear him lack nothing.

¹⁰Lions may lack and suffer hunger, ♦ but those who seek the Lord lack nothing that is good. *R*

¹¹Come, my children, and listen to me; ♦ I will teach you the fear of the Lord.

¹²Who is there who delights in life ♦ and longs for days to enjoy good things?

¹³Keep your tongue from evil ♦ and your lips from lying words.

¹⁴Turn from evil and do good; ♦ seek peace and pursue it. *R*

¹⁵The eyes of the Lord are upon the righteous ♦ and his ears are open to their cry.

¹⁶The face of the Lord is against those who do evil, ♦ to root out the remembrance of them from the earth.

¹⁷The righteous cry and the Lord hears them ♦ and delivers them out of all their troubles.

¹⁸The Lord is near to the brokenhearted ♦ and will save those who are crushed in spirit. *R*

¹⁹Many are the troubles of the righteous; ♦ from them all will the Lord deliver them.

²⁰He keeps all their bones, ♦ so that not one of them is broken.

²¹But evil shall slay the wicked ♦ and those who hate the righteous will be condemned.

²²The Lord ransoms the life of his servants ♦ and will condemn none who seek refuge in him.

Send your holy angels to watch over us, O God, that on our lips will be found your truth and in our hearts your love; so we may ever taste your goodness in the land of the living; through Jesus Christ our Lord.

Mark 11.27-end

Again they came to Jerusalem. As he was walking in the temple, the chief priests, the scribes, and the elders came to him and said, 'By what authority are you doing these things? Who gave you this authority to do them?' Jesus said to them, 'I will ask you one question; answer me, and I will tell you by what authority I do these things. Did the baptism of John come from heaven, or was it of human origin? Answer me.' They argued with one another, 'If we say, "From heaven", he will say, "Why then did you not believe him?" But shall we say, "Of human origin"?'—they were afraid of the crowd, for all regarded John as truly a prophet. So they answered Jesus, 'We do not know.' And Jesus said to them, 'Neither will I tell you by what authority I am doing these things.'

The Collect of the day: Holy God, who brought Cyprian to faith in Christ, made him a bishop in the Church and crowned his witness with a martyr's death: grant that, after his example, we may love the Church and her teachings, find your forgiveness within her fellowship and so come to share the heavenly banquet you have prepared for us; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Thursday, 16 September: Ninian/Edward Bouverie Pusey

Psalm 37* Refrain: *The salvation of the righteous comes from the Lord.*

¹Fret not because of evildoers; ♦ be not jealous of those who do wrong.

²For they shall soon wither like grass ♦ and like the green herb fade away.

³Trust in the Lord and be doing good; ♦ dwell in the land and be nourished with truth.

⁴Let your delight be in the Lord ♦ and he will give you your heart's desire.

⁵Commit your way to the Lord and put your trust in him, ♦ and he will bring it to pass.

⁶He will make your righteousness as clear as the light ♦ and your just dealing as the noonday. *R*

⁷Be still before the Lord and wait for him; ♦

do not fret over those that prosper as they follow their evil schemes.

⁸Refrain from anger and abandon wrath; ♦ do not fret, lest you be moved to do evil.

⁹For evildoers shall be cut off, ♦ but those who wait upon the Lord shall possess the land.

¹⁰Yet a little while and the wicked shall be no more; ♦ you will search for their place and find them gone.

¹¹But the lowly shall possess the land ♦ and shall delight in abundance of peace. *R*

¹²The wicked plot against the righteous ♦ and gnash at them with their teeth.

¹³The Lord shall laugh at the wicked, ♦ for he sees that their day is coming.

¹⁴The wicked draw their sword and bend their bow to strike down the poor and needy, ♦
to slaughter those who walk in truth.

¹⁵Their sword shall go through their own heart ♦ and their bows shall be broken.

¹⁶The little that the righteous have ♦ is better than great riches of the wicked.

¹⁷For the arms of the wicked shall be broken, ♦ but the Lord upholds the righteous. *R*

¹⁸The Lord knows the days of the godly, ♦ and their inheritance shall stand for ever.

¹⁹They shall not be put to shame in the perilous time, ♦ and in days of famine they shall have enough.

²⁰But the wicked shall perish; like the glory of the meadows the enemies of the Lord shall vanish; ♦
they shall vanish like smoke.

²¹The wicked borrow and do not repay, ♦ but the righteous are generous in giving.

²²For those who are blest by God shall possess the land, ♦
but those who are cursed by him shall be rooted out. *R*

²³When your steps are guided by the Lord ♦ and you delight in his way,

²⁴Though you stumble, you shall not fall headlong, ♦ for the Lord holds you fast by the hand.

²⁵I have been young and now am old, ♦

yet never have I seen the righteous forsaken, or their children begging their bread.

²⁶All the day long they are generous in lending, ♦ and their children also shall be blest. *R*

²⁷Depart from evil and do good ♦ and you shall abide for ever.

²⁸For the Lord loves the thing that is right ♦ and will not forsake his faithful ones.

²⁹The unjust shall be destroyed for ever, ♦ and the offspring of the wicked shall be rooted out.

³⁰The righteous shall possess the land ♦ and dwell in it for ever. *R*

³¹The mouth of the righteous utters wisdom, ♦ and their tongue speaks the thing that is right.

³²The law of their God is in their heart ♦ and their footsteps shall not slide.

³³The wicked spy on the righteous ♦ and seek occasion to slay them.

³⁴The Lord will not leave them in their hand, ♦ nor let them be condemned when they are judged. *R*

³⁵Wait upon the Lord and keep his way; ♦

he will raise you up to possess the land, and when the wicked are uprooted, you shall see it.

³⁶I myself have seen the wicked in great power ♦ and flourishing like a tree in full leaf.

³⁷I went by and lo, they were gone; ♦ I sought them, but they could nowhere be found.

³⁸Keep innocence and heed the thing that is right, ♦ for that will bring you peace at the last. *R*

³⁹But the sinners shall perish together, ♦ and the posterity of the wicked shall be rooted out.

⁴⁰The salvation of the righteous comes from the Lord; ♦ he is their stronghold in the time of trouble.

⁴¹The Lord shall stand by them and deliver them; ♦

he shall deliver them from the wicked and shall save them, because they have put their trust in him.

Blessed and holy God, ever merciful and forgiving, may we turn from what is evil and do what is good in your sight, for you have saved us by the cross of your Son, our Saviour Jesus Christ.

Mark 12.1-12

Then he began to speak to them in parables. 'A man planted a vineyard, put a fence around it, dug a pit for the wine press, and built a watch-tower; then he leased it to tenants and went to another country. When the season came, he sent a slave to the tenants to collect from them his share of the produce of the vineyard. But they seized him, and beat him, and sent him away empty-handed. And again he sent another slave to them; this one they beat over the head and insulted. Then he sent another, and that one they killed. And so it was with many others; some they beat, and others they killed. He had still one other, a beloved son. Finally he sent him to them, saying, "They will respect my son." But those tenants said to one another, "This is the heir; come, let us kill him, and the inheritance will be ours." So they seized him, killed him, and threw him out of the vineyard. What then will the owner of the vineyard do? He will come and destroy the tenants and give the vineyard to others. Have you not read this scripture:

"The stone that the builders rejected has become the cornerstone; this was the Lord's doing, and it is amazing in our eyes"?'

When they realized that he had told this parable against them, they wanted to arrest him, but they feared the crowd. So they left him and went away.

The Collect of the day: Almighty and everlasting God, who called your servant Ninian to preach the gospel to the people of northern Britain: raise up in this and every land heralds and evangelists of your kingdom, that your Church may make known the immeasurable riches of your Son our Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Friday, 17 September: Hildegard

Psalm 31 Refrain: *Into your hands I commend my spirit.*

- ¹In you, O Lord, have I taken refuge; let me never be put to shame; ♦ deliver me in your righteousness.
- ²Incline your ear to me; ♦ make haste to deliver me.
- ³Be my strong rock, a fortress to save me, for you are my rock and my stronghold; ♦
guide me, and lead me for your name's sake.
- ⁴Take me out of the net that they have laid secretly for me, ♦ for you are my strength.
- ⁵Into your hands I commend my spirit, ♦ for you have redeemed me, O Lord God of truth. *R*
- ⁶I hate those who cling to worthless idols; ♦ I put my trust in the Lord.
- ⁷I will be glad and rejoice in your mercy, ♦ for you have seen my affliction and known my soul in adversity.
- ⁸You have not shut me up in the hand of the enemy; ♦ you have set my feet in an open place. *R*
- ⁹Have mercy on me, Lord, for I am in trouble; ♦
my eye is consumed with sorrow, my soul and my body also.
- ¹⁰For my life is wasted with grief, and my years with sighing; ♦
my strength fails me because of my affliction, and my bones are consumed.
- ¹¹I have become a reproach to all my enemies and even to my neighbours, an object of dread to my acquaintances; ♦ when they see me in the street they flee from me.
- ¹²I am forgotten like one that is dead, out of mind; ♦ I have become like a broken vessel.
- ¹³For I have heard the whispering of the crowd; fear is on every side; ♦
they scheme together against me, and plot to take my life. *R*
- ¹⁴But my trust is in you, O Lord. ♦ I have said, 'You are my God.
- ¹⁵My times are in your hand; ♦ deliver me from the hand of my enemies, and from those who persecute me.
- ¹⁶Make your face to shine upon your servant, ♦ and save me for your mercy's sake.'
- ¹⁷Lord, let me not be confounded for I have called upon you; ♦
but let the wicked be put to shame; let them be silent in the grave.
- ¹⁸Let the lying lips be put to silence ♦ that speak against the righteous with arrogance, disdain & contempt.
- ¹⁹How abundant is your goodness, O Lord, which you have laid up for those who fear you; ♦
which you have prepared in the sight of all for those who put their trust in you.
- ²⁰You hide them in the shelter of your presence from those who slander them; ♦
you keep them safe in your refuge from the strife of tongues.
- ²¹Blessed be the Lord! ♦ For he has shown me his steadfast love when I was as a city besieged.
- ²²I had said in my alarm, 'I have been cut off from the sight of your eyes.' ♦
Nevertheless, you heard the voice of my prayer when I cried out to you. *R*
- ²³Love the Lord, all you his servants; ♦ for the Lord protects the faithful, but repays to the full the proud.
- ²⁴Be strong and let your heart take courage, ♦ all you who wait in hope for the Lord.
- Lord Jesus Christ, when scorn and shame besiege us and hope is veiled in grief, hold us in your wounded hands and make your face shine on us again, for you are our Lord and God.*

Mark 12.13-17

Then they sent to him some Pharisees and some Herodians to trap him in what he said. And they came and said to him, 'Teacher, we know that you are sincere, and show deference to no one; for you do not regard people with partiality, but teach the way of God in accordance with truth. Is it lawful to pay taxes to the emperor, or not? Should we pay them, or should we not?' But knowing their hypocrisy, he said to them, 'Why are you putting me to the test? Bring me a denarius and let me see it.' And they brought one. Then he said to them, 'Whose head is this, and whose title?' They answered, 'The emperor's.' Jesus said to them, 'Give to the emperor the things that are the emperor's, and to God the things that are God's.' And they were utterly amazed at him.

The Collect of the day: Most glorious and holy God, whose servant Hildegard, strong in the faith, was caught up in the vision of your heavenly courts: by the breath of your Spirit open our eyes to glimpse your glory and our lips to sing your praises with all the angels; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**